

NATIONAL GRADING SYLLABUS



*Approved 2006 AGM
Effective September 1, 2006*



2006-07 NATIONAL GRADING BOARD

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2006 Review Committee – January 28-29, 2006

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TABLE OF CONTENTS

Mission Statement	5
Principles of Grading	5
Purpose of the Judo Canada Grading Syllabus	6
1.0 THE NATIONAL GRADING BOARD	7
1.1 Mandate	7
1.2 Eligibility	7
1.3 Composition	8
1.4 Duties and Responsibilities	8
2.0 THE PROVINCIAL GRADING BOARDS	10
2.1 Mandate	10
2.2 Eligibility	10
2.3 Composition of Provincial Grading Boards	10
2.4 Duties and Responsibilities	11
2.5 Composition of Examination Jury	11
3.0 GRADING AND EXAMINATION PROCEDURES	12
3.1 Admission Requirements for Examination.....	12
3.2 Application Guidelines	13
3.3 Batsugun	13
3.4 Outstanding Competition Achievement	14
3.5 Meritorious Contribution.....	14
3.6 Ranks Obtained Outside Canada.....	14
3.7 Guidelines for Examination	15
3.8 Confirmation of Promotion and Diploma	16
3.9 Appeals	16
4.0 POINT SYSTEM - RECOGNITION & DEFINITIONS	17
4.1 Competitions	18
4.1.1 Shiai.....	18
4.1.2 Accumulated Point System for Shiai.....	19
4.1.3 Participation Points.....	19
4.1.4 Kata Competitions.....	20
4.1.5 Participation Points.....	20
<u>Technical Activities</u>	
4.2 Dojo-Shu.....	21
4.3 Club Development.....	21
4.4 Club Membership	21
4.5 National Coaching Certification Programme (NCCP)	22
4.6 Technical Clinics	22
4.7 Refereeing.....	23
<u>Non-Technical Activities</u>	
4.8 Active in Judo	24
4.9 Administration.....	24
4.10 Volunteer at Tournaments	24

NATIONAL GRADING SYLLABUS

4.11	Point Recognition Summary	25
4.12	Dan Requirement Summary	26
4.13	Kodansha – Career Achivement Point Evaluation	26
4.14	Career Achievement Selection Basis	27
5.0	SHODAN	28
6.0	NIDAN	29
7.0	SANDAN	30
8.0	YONDAN	31
9.0	KODANSHA	32
10.0	GODAN	33
11.0	ROKUDAN	34
12.0	SHICHIDAN	35
13.0	HACHIDAN	36
APPENDIX A: RANDORI		37
APPENDIX B: NT POLICY 3: Classification of International Tournaments.....		38
APPENDIX C: SHIMMEISHO NO WAZA		39
APPENDIX D: KODOKAN PROMOTION.....		41
APPENDIX E: EXAMINATION SUMMARY		44

MISSION STATEMENT

Mission Statement

*To promote the sport of judo
through recognition of achievement,
contribution, and excellence by members
with an equitable and well defined grading system.*

Seiryoku Zenyo (maximum efficiency with minimum effort)
Jita Kyoei (mutual welfare and benefit)

PRINCIPLES OF GRADING

Grades in judo are attributed with regard to elaborate principles by Master Jigoro Kano, the founder of Kodokan Judo, and as stipulated in the regulations of the International Judo Federation (IJF).

These grades, as in all the "budo", must show a certain technical progress, a larger understanding of the discipline and a certain "elevation" of the individual who is promoted. This is the shin-ghi-tai in its entirety.

SHIN:	moral and intellectual value
GHI:	technical value
TAI:	corporal value

Each period of the Shin Ghi Tai principle must be accomplished during the correct period of the practitioner's life in order to reach higher dan ranks.

NATIONAL GRADING SYLLABUS

The Tai period corresponds to the physically austere. The introduction to and practice (shugyo) of the global learning of judo must be done in the early years of the Yudansha's life. This learning should be expressed through shiai, for this period is the harshest. In other words, the tai period is the period when the training is physically at its hardest. This period has to be when the judoka is a teenager or a young adult.

The Ghi period concerns the mastery of mechanical skills, the quality of the strategies and the variety of the practical knowledge of judo. It shall occur when the judoka already has sufficient judo experience to allow him to express a logical, efficient and fluid Judo in complete accordance of the statement of Jigoro Kano's maxim: Seiryoku Zenyo - maximum efficiency with minimum effort.

The Shin period, which concerns the moral and intellectual aspect, must reflect Master Kano's second maxim: Jita Kyoei - mutual prosperity and benefit. The Yudansha has proven his fighting skills, and thus shares his technical ability with his judo community.

Some elements are obviously more tangible, more measurable than others. This is why the role of the "sensei" is of capital importance. At the time of the candidate's application, no one else is better placed to judge these elements.

PURPOSE OF THE NATIONAL GRADING SYLLABUS

This Grading Syllabus sets forth the required standards and other criteria necessary for all dan examinations and promotions in keeping with Judo Canada's mission statement.

The rules as set forth in this syllabus are the only rules recognized in Canada.

The National Grading Syllabus may be revised on a four (4) year basis by the National Grading Board, in collaboration with the Provincial Grading Boards and ratified at Judo Canada AGM.

1.0 THE NATIONAL GRADING BOARD

1.1 MANDATE

The role of the National Grading Board (NGB) is to facilitate, coordinate and provide leadership in the dan grading process in Canada. The mandate given to the NGB by Judo Canada is to:

- 1.1.1 ensure adherence to all rules set forth in the National Grading Syllabus.
- 1.1.2 establish, implement and enforce minimum standards for dan ranks in Canada.
- 1.1.3 ensure dan promotions made by Provincial Grading Boards (PGB) are in accordance with the powers delegated to the PGBs.
- 1.1.4 standardize the performance of kata and techniques across Canada, by compiling a list of techniques, books and video tapes, and to demonstrate same.

1.2 ELIGIBILITY

Members of the NGB should:

- 1.2.1 be members in good standing with Judo Canada.
- 1.2.2 have received their most recent dan rank from Judo Canada.
- 1.2.3 be a Canadian citizen or a permanent resident.
- 1.2.4 be fluent in one of the two official languages of Canada.
- 1.2.5 have an excellent knowledge of judo techniques, kata and the ability to teach and judge them.
- 1.2.6 be aware of the status of Judo Canada, the Panamerican Judo Union and the International Judo Federation.
- 1.2.7 be an active rokudan, minimum. In regions without a rokudan candidate, the highest available rank may be considered.

1.3 COMPOSITION

1.3.1 The members of the NGB shall be selected as follows:

- On election years, each region (B.C./Yukon, Prairies/NWT, Ontario, Quebec/Nunavut, and Atlantic) shall nominate a candidate for the board.
- The executive committee shall approve the board members from among the regional nominees.
- The Judo Canada President selects the chairperson, from among the regional nominees. The executive committee shall approve this selection.

1.3.2 The National Grading Board shall be composed of a minimum of three (3) members, including the chairperson

1.3.3 A quorum for a meeting shall be a minimum of three (3) members, including the chairperson or designate.

1.4 DUTIES AND RESPONSIBILITIES

1.4.1 The NGB is authorized to delegate certain powers to the PGBs as constituted in accordance with the requirements of this syllabus.

1.4.2 The NGB is responsible for ensuring that promotions made by PGBs conform to all requirements and may reject any recommendation for promotion which is not in accordance with the regulations of this syllabus.

1.4.3 The NGB shall review all PGB recommendations that are without examination.

1.4.4 The NGB, in consultation with and approval of the PGB involved, may consider candidates outside the powers delegated to the PGB and may promote any judoka in Canada to the next grade under the following conditions:

- (a) The candidate has obtained sufficient rank in his/her province and cannot receive further promotions by the PGB.

NATIONAL GRADING SYLLABUS

(b) The candidate has made a meritorious contribution to the sport of judo.

1.4.5 The NGB will meet a minimum of once a year.

1.4.6 Any member of the NGB may attend any provincial examinations as an official observer (or as an examiner at the request of the PGB).

1.4.7 At least once per year, the NGB will convene a grading for rokudan and higher at a location that is cost effective for the participants. If a quorum of NGB members cannot be present, the examination jury must consist of at least one member of the NGB, and, where possible, two (2) of the examiners shall be from the PGB(s) in the region in which the grading is being held.

1.4.8 The NGB shall issue a Judo Canada dan diploma for those who have met the requirements as set forth in the National Grading Syllabus.

2.0 THE PROVINCIAL GRADING BOARDS

2.1 MANDATE

- 2.1.1 The Provincial Grading Boards (PGBs) are authorized to conduct grading examinations in their province or territory, and to promote candidates, in accordance with the regulations in this syllabus.
- 2.1.2 PGBs, operating up to their authority level, shall recommend all promotion without examination to the NGB for consideration.
- 2.1.3 The PGB shall recommend candidates to the NGB for rokudan and higher.

2.2 ELIGIBILITY

A member of a PGB shall:

- 2.2.1 be member in good standing with Judo Canada and the provincial association.
- 2.2.2 be a Canadian citizen or a permanent resident.
- 2.2.3 be fluent in one of the two official languages of Canada.
- 2.2.4 have an excellent knowledge of all judo techniques and required kata, and be able to teach and judge same for the appropriate levels of grading.

2.3 COMPOSITION OF PROVINCIAL GRADING BOARD

- 2.3.1 A PGB must be made up of not less than three (3) persons, including the chairperson or designate.
- 2.3.2 Members of the PGB shall be appointed and/or elected by their respective provincial judo association.

2.4 DUTIES AND RESPONSIBILITIES

- 2.4.1 The PGB must inform the NGB of any proposed changes to the composition of PGB by September 30th of each year, or whenever changes occur.
- 2.4.2 The PGB should schedule at least two (2) grading examinations per year.
- 2.4.3 The PGB must ensure that all recommendations for promotions comply with the provisions set forth in the National Grading Syllabus.
- 2.4.4 The PGB is responsible for any review process. For this reason, they must keep all the notes of the evaluators for a minimum of two (2) years.
- 2.4.5 The PGB may review chief instructors throughout the province for possible promotion.
- 2.4.6 The PGB is responsible for appointing the examination jury.
- 2.4.7 A PGB requiring assistance for grading examinations above the level set out in this syllabus should write to the chairperson of the NGB.
- 2.4.8 Honourary black belt: The PGB may award at their discretion, up to one honorary black belt per year to individuals that have contributed to and supported judo in a meritorious manner.

2.5 COMPOSITION OF EXAMINATION JURY

- 2.5.1 The composition of the PGB examination jury must be composed of the following minimums:
- minimum of three (3) persons on the jury;
 - the jury must have at least two (2) members higher in rank than the level being examined with the third person of no lower rank than the rank being sought. e.g. to evaluate a candidate to the level of sandan requires a jury comprised of two yondan and one sandan.
- 2.5.2 The PGB may nominate examiners who are entitled to sit on an examination jury. The PGB shall notify in writing, to the NGB, the names of the examiners and corresponding grades that they may examine.

3.0 GRADING AND EXAMINATION PROCEDURES

3.1 ADMISSION REQUIREMENTS FOR EXAMINATION

3.1.1 A candidate must:

- (a) meet all criteria for the recommended rank as specified in the National Grading Syllabus.
- (b) be a member in good standing with Judo Canada through a provincial association and must have a Judo Canada passport.
- (c) be recommended to the PGB by the head instructor (sensei) of the dojo through which he or she is registered, or be invited by the PGB.
- (d) be a Canadian citizen or a permanent resident or in accordance with 3.1.5.

3.1.2 References in the syllabus to age are references to the age at time of grading.

3.1.3 A candidate may only apply to the PGB in the province in which he or she is registered for the current year or judo season.

3.1.4 A candidate formerly affiliated with another province or country recognized by the IJF, must be a member of his or her new provincial judo association for a minimum period of six (6) months in order to apply for a dan examination.

3.1.5 A candidate from an International Judo Federation recognized country who is not a Canadian citizen or a permanent resident must be a member in good standing of Judo Canada for one (1) year. A candidate must be a member in good standing of the provincial association for at least six (6) months, to be recommended for his or her next rank.

3.1.6 A candidate who is neither a Canadian citizen nor a permanent resident, even though he or she is a member of a provincial association or Judo Canada for one (1) year, must receive permission for admission to a grading examination in Canada from the federation to which he or she was previously registered. This permission and all relevant foreign grading records must be submitted with the recommendation for grading,

and be approved by the NGB. If unable to produce any documentation, the sensei of the dojo, jointly with the PGB chairman, must evaluate each candidate on their rank and carry out the examination as per the NG Syllabus.

3.2 APPLICATION GUIDELINES

3.2.1 The nominating person who recommends the candidate must ensure that the candidate is eligible for examination. This includes ensuring that the candidate has the required number of valid points, and meets all requirements of the syllabus. Recommendations for yudansha promotion must consider the individual's: personality; acquirement of judo spirit; extent of the understanding of judo and mastery of technique; practical application of judo in everyday life; and contribution to judo.

3.2.2 The recommendation must be submitted by the date specified by the PGB, and must be accompanied by:

- properly completed Judo Canada forms
- registration fees
- proof of membership
- Judo Canada passport

Incorrect submissions will be returned.

3.2.3 In reviewing the application of a candidate, the Grading Board shall consider the following criteria:

- overall record of tournament participation,
- length of time active in grade,
- refereeing, tournament functions and technical clinic attendance,
- record as an instructor/ judo teacher, and,
- services rendered to the promotion and development of judo.

3.3 BATSUGUN

3.3.1 Competitors who display an exceptional performance at the National Championship may be promoted by the NGB, normally in consultation with the provincial delegate.

3.3.2 World or Olympic medallists, regardless of time in grade, age and shiai point total, may be considered by the NGB and the involved PGB.

3.4 OUTSTANDING COMPETITION ACHIEVEMENT

Outstanding competitors may be exempt from the technical evaluation. The NGB and the involved PGB may jointly grant a promotion for exceptional results in major competition. To be considered within this category, a candidate must normally have a minimum of four hundred (400) points. Eighty (80%) of these points must come from the Senior Nationals and/or International tournaments identified in the National Team Handbook (see Appendix B). The other twenty (20%) may come from Judo Canada Domestic Points Tournaments.

3.5 MERITORIOUS CONTRIBUTION

Judoka who have contributed to the sport of Judo in a notable way in Canada (meritorious deed, distinguished service, etc.) may be considered for promotion. The NGB and the respective PGB may jointly grant a promotion for meritorious contribution to the sport of judo.

3.6 RANKS OBTAINED OUTSIDE CANADA

3.6.1 Ranks Obtained outside of Canada While a Member of Judo Canada. The NGB reserves the right to evaluate and accept or reject the validity of any promotion received outside of Canada while a member of Judo Canada.

The NGB will not recognize any promotion obtained outside Canada without Judo Canada's authorization if the judoka was out of the country for a period of less than one (1) year.

3.6.2 Ranks Obtained Outside of Canada While a Member of a Foreign National Federation or Association and a Member in Good Standing with the International Judo Federation.

When a Judoka can submit documented proof of a promotion obtained outside Canada while a member of a National Association or Federation member in good standing with the International Judo Federation, the NGB will investigate the validity of the documents. If a judoka cannot submit documented proof of promotion, the PGB must hold an examination only to their authorized level.

Where applicable, a Judoka's technical ability may be evaluated. No diploma will be issued. The date indicating that the rank is recognized will be entered into the Judo Canada passport with the name of the federation who issued the

rank. The NGB chairman will initial the passport to certify the recognition of the rank.

3.7 GUIDELINES FOR EXAMINATION

3.7.1 **METHOD:** Examination, to and in the yudansha ranks, may be specified by the grading board in a variety of ways:

- formal examination before a grading board
- informal examination before a grading board
- attendance and participation in a series of classes

All technical requirements shall be required in traditional judo terminology (Japanese).

Formal Examination

The candidate performs an examination with only the grading board present. This is the traditional method.

Informal Examination

The candidate performs the examination in a group situation with other candidates performing simultaneously or in competition. (This method has the benefit of allowing a candidate an opportunity of performing in a low-stress atmosphere.)

Attendance/ Participation in a Series of Open Classes & Clinics

Candidates are required to attend and practice all examination requirements, and must reach an acceptable level of proficiency.

3.7.2 **SPECIAL CASE:**

Judoka not coming under the aforementioned categories may have their name submitted by the PGB to the NGB for consideration.

Candidates must be able to teach, explain or demonstrate the Kata required for the recommended rank.

3.7.3 **PARTNER:**

The partner must be a member in good standing.

3.7.4 **RANDORI (FREE STYLE PRACTISE)** is part of the requirements for a grading examination. (see appendix A)

NATIONAL GRADING SYLLABUS

3.8 CONFIRMATION OF PROMOTION AND DIPLOMA

- 3.8.1 The PGB must, within thirty (30) days of the examination, forward a report with its promotions and recommendations for promotion to the NGB.
- 3.8.2 The NGB reserves the right to overrule the PGB on promotions if criteria have not been met. In such cases, all forms will be returned to the Chairperson of the PGB with a covering letter of explanation.
- 3.8.3 For grading in Canada, the only officially recognized documents regarding dan rank and date of promotion are the Judo Canada Dan Diploma and Passport.
- 3.8.4 The Judo Canada Dan Diploma will only be issued for promotions obtained in Canada and recognized by the NGB.
- 3.8.5 After the NGB recognizes a promotion, the diploma will be dated to the time of the PGB evaluation.
- 3.8.6 Kodokan diplomas are available upon request. Kodokan diplomas may be subject to additional requirements. See Addendum.

3.9 APPEALS

Appeals of decisions must be made within 30 days of notification, or in accordance with the constitution and bi-laws of the applicable association.

4.0 POINT SYSTEM - RECOGNITION & DEFINITIONS

The basic aim of the point system is to determine judoka that are eligible for examination.

Points are awarded to judoka that are active technically as competitors, instructors, coaches, and referees; practicing randori or kata; and active in promoting and developing the sport of judo as committee members, tournament volunteers, etc.

Points accumulated in the present rank can only be used for promotion to the next rank. These points can only be accumulated while a member in good standing with a provincial association and/or Judo Canada.

Judoka must be at least 14 years old and at least ikkyu in rank to earn points.

The point system is divided into the following categories:

- Competitors
Shiai, kata competitions and participation points
- Technical Activities –
Dojo shu, head sensei, club development, NCCP certification, teaching, conducting and attending clinics, referee certification, refereeing.
- Non-Technical Activities.-
Active in Judo, administration, volunteer at tournaments.

4.1 COMPETITIONS

4.1.1 SHIAI

Results obtained at sanctioned point tournaments will be counted with the following conditions:

- individuals must be at least 14 years of age and at least ikkyu in rank;
- events must be at the level of IJF Junior or higher;
- the candidate may claim points earned in a maximum of three (3) provincial and three (3) inter-provincial competitions per active year. Provincial level tournaments must be from those events identified by the PGB as a points tournament. The candidate will choose which events to include.
- all national junior and senior championships will be used for points.
- all international tournament points must be approved by the PSO. Refer to the NT Policy 3 Classification of International Tournaments Standard and Points. (Appendix B)
- outside of Canada international tournament wins will be 10 points regardless of opponent's rank.
- see table on Accumulated Points System for Shiai.

NATIONAL GRADING SYLLABUS

4.1.2 ACCUMULATED POINTS SYSTEM FOR SHIAI

<u>Rank</u>	<u>Ippon</u>	<u>Waza-ari</u>	<u>Yuko</u>	<u>Koka/Yusei</u>
Ikkyu defeats Nikyu	7.0	5.0	2.5	1.0
Ikkyu defeats Ikkyu	10	7.0	3.5	1.5
Ikkyu defeats Shodan	15	11	5.5	3.0
Ikkyu defeats Nidan	20	14	7.0	3.5
Ikkyu defeats Sandan	25	18	9.0	4.5
Ikkyu defeats Yondan +	30	21	10.5	5.0
Shodan defeats Ikkyu	7.0	5.0	2.5	1.0
Shodan defeats Shodan	10	7.0	3.5	1.5
Shodan defeats Nidan	15	11	5.5	3.0
Shodan defeats Sandan	20	14	7.0	3.5
Shodan defeats Yondan +	25	18	9.0	4.5
Nidan defeats Ikkyu	5.0	4.0	2.0	0.5
Nidan defeats Shodan	7.0	5.0	2.5	1.0
Nidan defeats Nidan	10	7.0	3.5	1.5
Nidan defeats Sandan	15	11	5.5	3.0
Nidan defeats Yondan +	20	14	7.0	3.5
Sandan+ defeats Ikkyu	2.0	1.0	0.5	0.5
Sandan+ defeats Shodan	5.0	4.0	2.0	0.5
Sandan+ defeats Nidan	7.0	5.0	2.5	1.0
Sandan+ defeats Sandan	10	7.0	3.5	1.5
Sandan+ defeats Yondan +	15	11	5.5	3.0
Yondan defeats Ikkyu	1	1	0.5	0.5
Yondan defeats Shodan	2	1	0.5	0.5
Yondan defeats Nidan	5	4	2.0	0.5
Yondan defeats Sandan	7	5	2.5	1.0
Yondan defeats Yondan	10	7	3.5	1.5
Yondan defeats Godan	15	11	5.5	3.0
Godan defeats Ikkyu	1	1	0.5	0.5
Godan defeats Shodan	1	1	0.5	0.5
Godan defeats Nidan	2	1	0.5	0.5
Godan defeats Sandan	5	4	2	0.5
Godan defeats Yondan	7.0	5.0	2.5	1.0
Godan defeats Godan	10	7	3.5	1.5
Godan defeats Rokudan	15	11	5.5	3.0

4.1.3 PARTICIPATION POINTS

Candidates may claim two points per event for participation, in addition to those earned as outlined above.

4.1.4 **KATA TOURNAMENTS** - (capped at 60 points per year)

At least one member of the Provincial Grading Board or an approved examination jury member must be present at domestic kata tournaments or clinics as an evaluator.

The candidate may claim points earned in a maximum of three provincial and three inter-provincial competitions per active year. Provincial level events must be from those events identified by the PGB as a points tournament. The candidate will choose which events to include.

Points accumulated in kata competitions, 2 points per place, will be awarded as follows:

Following the competition the evaluators rank the pairs from highest to lowest (one method to do this is to average the scores of the evaluators). For each pair that a given team places above the competition standings, two (2) points are awarded.

e.g. If there are nine (9) pairs and a pair places 2nd, the points awarded will be 4, i.e. 7 x 2pts. Both tori and uke may each claim the points awarded.

Ties in competition standings should be handled by averaging the points involved

e.g. two teams, if not tied, would receive 8 and 6 points; they would instead receive 7 points each, which is the average of the two scores.

4.1.5 **PARTICIPATION POINTS**

Candidates may claim 2 points per event for participation in addition to those earned as outlined above.

TECHNICAL ACTIVITIES

4.2 DOJO SHU

The dojo-shu who founded the dojo that is at least twenty years old and is still involved in the dojo activities but is no longer the head instructor, will be awarded 10 technical points per year. The successor of the dojo-shu can claim points as long as she/he has been twenty years or more at the same dojo. The dojo-shu may not claim points as head sensei.

4.3 CLUB DEVELOPMENT

HEAD SENSEI - will be awarded 10 points per year

4.4 CLUB MEMBERSHIP (maximum 10 points per year)

The head sensei (i.e. one per dojo), will be awarded a maximum of 10 points per year for the number of paid up members as follows::

25 - 49 members	1 point per year
50 - 74 members	2 points per year
75 - 99 members	3 points per year
100-124 members	4 points per year
125-149 members	5 points per year
150-174 members.....	6 points per year
175-199 members	7 points per year
200-224 members	8 points per year
225-249 members.....	9 points per year
250 + members.....	10 points per year

4.5 NATIONAL COACHING CERTIFICATION PROGRAMME (NCCP)

4.5.1 CERTIFICATION

Points will be awarded for being certified in the National Coaching Certification Programme only once for each additional level completed since the last promotion as follows:

NCCP Level I certified	20 points
NCCP Level II certified.....	20 points
NCCP Level III certified	30 points
NCCP Level IV certified	50 points
NCCP Level V certified	60 points

There is a minimum waiting period of twelve months between all levels of NCCP. Thus, one cannot claim two levels in one year.

4.5.2 TEACHING / COACHING

Points will be awarded for teaching, coaching for a minimum of 100 hours per year based on the certification level of the individual as follows:

NCCP Level I certified	5 points per year
NCCP Level II certified	10 points per year
NCCP Level III certified	15 points per year
NCCP Level IV certified	20 points per year
NCCP Level V certified	25 points per year

4.6 TECHNICAL CLINICS

4.6.1 CLINIC CONDUCTOR (maximum 20 points per year)

Points will be awarded, on a per clinic basis, to course conductors up to a maximum of 20 points per year, for conducting regional, provincial or nationally organized kata, referee and technical clinics, excluding NCCP and team training. These clinics must be provincially or nationally sanctioned. No points shall be awarded for pre-tournament clinics, such as referee sessions prior to shiai.

Provincial	6 points per clinic
Inter-provincial (includes National)	9 points per clinic

NATIONAL GRADING SYLLABUS

International 12 points per clinic

4.6.2 CLINIC PARTICIPATION (maximum 20 points per year)

Points will be awarded, on a per clinic basis (minimum 4 hours), to participants up to a maximum of 20 points per year, for participation at provincially or nationally sanctioned kata, referee and technical clinics. These clinics must be sanctioned by the province, NGB or NRC. No points shall be awarded for pre-tournament clinics, such as referee sessions prior to shiai.

Provincial 5 points per clinic

National 5 points per clinic

4.7 REFEREEING - (maximum 20 points per year)

4.7.1 CERTIFICATION

Points will be awarded for being certified as a referee only once for each additional level completed since last promotion as follows:

Provincial (C, B, A)..... 5 points per level

National (C, B, A) 10 points per level

Rostered Senior National Referee (once only) 15 points per level

International (C, B, A)..... 20 points per level

Only one certification (including rostered referee) can be claimed, e.g. Provincial A and/ or National C at the same evaluation tournament.

4.7.2 REFEREEING ACTIVITY (maximum 20 points per year)

Points will be awarded for refereeing on a per event basis up to a maximum of 20 points per year as follows:

Regional (at least three clubs)..... 2 points per event

Provincial 4 points per event

Inter-provincial (at least three provinces)..... 8 points per event

National/ International 10 points per event

The referee must be approved by the province to earn the provincial status and approved by the national body to earn the national status. The referee approved by PJU or IJF will earn the international status.

NON-TECHNICAL ACTIVITIES

4.8 ACTIVE IN JUDO

Points are awarded for being active in judo. An active year is defined as practicing a minimum of 100 hours on the mat during a twelve month period from the date of the last promotion as recorded in the records maintained by the provincial and Judo Canada offices.

Both Mudansha and Yudansha must be paid members of both the Provincial Association and of Judo Canada.

Active as Ikkyu	30 points per year
Active as Shodan.....	25 points per year
Active as Nidan & above.....	20 points per year

4.9 ADMINISTRATION (maximum 20 points per year)

Points will be awarded to executive and committee members for contributions made in the administration of the sport of Judo. Points are awarded on an annual basis for one committee per level that the candidate is active, up to a maximum of 20 points per year as follows:

Club	3 points per year
Provincial Region.....	5 points per year
Provincial.....	10 points per year
National	15 points per year
International	20 points per year

4.10 VOLUNTEER AT TOURNAMENTS (maximum 10 points per year)

Points will be awarded, on an event basis, up to a maximum of 10 points per year to tournament directors and judoka who volunteer for a minimum one full day as: time-keepers, score keepers, weigh-in personnel, etc, as follows:

Regional.....	2 points per event
Provincial.....	3 points per event
Interprovincial	4 points per event
National / International (e.g. Nationals, Rendez-Vous, Pan Am, World, Olympic) ...	5 points per event

NATIONAL GRADING SYLLABUS

4.11 POINT RECOGNITION SUMMARY

Point Recognition Area							Max. pts	
C1	Shiai							
C2	Kata competition						60/year	
C3	Participation in Tournaments						2/event	
T1	Dojo Shu - After 20 years of involvement in the dojo						10/year	
T2	Club Development - Head Sensei (one per dojo)						10/year	
T3	Club Membership – Head Sensei (one per dojo)						1/25 10/year	
T4	NCCP Certification since last promotion						Level I	20 points
							Level II	20 points
							Level III	30 points
							Level IV	50 points
							Level V	60 points
T5	Teaching Coaching (>100 hrs/year) NCCP certified:						Level I	5/year
							Level II	10/year
							Level III	15/year
							Level IV	20/year
							Level V	25/year
			Club	Region	Prov.	Int Prov / Nat.	Intl.	
T6	Clinic Conductor			6/clinic	9/clinic	12/clinic	20/year	
T7	Clinic Participant			5/clinic	5/clinic		10/year	
T8	Referee Certification since last promotion			5/level	10/level	20/level		
	Rostered Referee to Sr. National				15 once only			
T9	Refereeing Activity		2/event	4/event	8/event	10/event	20/year	
NT2	Administration	3/year	5/year	10/year	15/year	20/year	20/year	
NT3	Tournament Volunteer		2/event	3/event	4/event	5/event	10/year	
NT1	Active in Judo						as Ikkyu	30/year
							as Shodan	25/year
							as Nidan & above	20/year

4.12 DAN REQUIREMENT SUMMARY

<i>Dan Level</i>	<i>1st</i>	<i>2nd</i>	<i>3rd</i>	<i>4th</i>	<i>5th</i>	<i>6th</i>	<i>7th</i>	<i>8th</i>
Minimum age	15	17	20	25	31	39	49	61
Time in grade	1 yr	1.5 yr	3 yr	5 yrs				
• Outstanding					6 yrs	8 yrs	10 yrs	12 yrs
• Superior					7 yrs	9 yrs	11 yrs	13 yrs
• Very Good					8 yrs	10 yrs	12 yrs	14 yrs
• Good					9 yrs	11 yrs	13 yrs	15 yrs
Technical pts (25% of total pts)		40	50	60	70	80	90	100
Total Points	120	160	200	240	280	320	360	400

4.13 KODANSHA - CAREER ACHIEVEMENT POINT EVALUATION

OUTSTANDING: 20 points:

To be considered as a Outstanding candidate, a judoka's achievements must be outstanding in four of the nine categories for a total of 20 pts
e.g. (5+5+5+5=20pts).

SUPERIOR: 16 - 19 points

To be considered a Superior candidate, a judoka's achievement in four of the nine categories must total 16, 17, 18 or 19 points.
e.g. 2 outstanding 1 superior and 1 very good (5+5+4+3=17pts)

VERY GOOD: 12 - 15 points

To be considered a Very Good candidate, a judoka's achievement in four of the nine categories must total 12, 13, 14 or 15 points.
e.g. 1 outstanding, 1 superior, 1 very good, 1 good (5+4+3+2=14 pts)

GOOD: 8 - 11 points

To be considered a Good candidate, a judoka's achievement in four of the nine categories must total 8, 9, 10 or 11 points.
e.g. 1 superior 1 very good 2 good (4+3+2+2=11 pts)

NATIONAL GRADING SYLLABUS

**4.14 CAREER ACHIEVEMENT - WILL BE BASED ON SELECTION OF
4 of the 9 CATEGORIES LISTED BELOW**

		<i>OUTSTANDING</i> <i>5 pts</i>	<i>SUPERIOR</i> <i>4 pts</i>	<i>VERY GOOD</i> <i>3pts</i>	<i>GOOD</i> <i>2 pts</i>
1. REFEREEING		IJF A	Continental/ Regional	National A (rostered)	National A, B, C
2. COACHING (NCCP)		NCCP IV & V	NCCP III	NCCP II	NCCP I
3. COMPETITOR (participation)		Olympic/ Senior World	International / Continental	National	Provincial
4. KATA - Medallist - Instructing		IJF	Continental	National	Provincial
5. CONTRIBUTION TO SPORT	Int'l	IJF Committee Member	PJU Committee member		
	Nat'l	Executive/ Chairperson	Committee members		
	Prov	President	Executive/ Chairperson	Committee members	Regional Chairs/members
6. SEMINAR CONDUCTORS		IJF	Continental	National	Provincial
7. BLACK BELTS - Dan promotions		60	40	20	10
8. ORIGINAL SENSEI OF COMPETITOR (see #3) (competitor must have received shodan from original sensei to claim points – no minimum time		Olympic/World	Continental	National	Provincial
9. OTHER		Exceptional Awards and recognition for judo			

5.0 SHODAN

5.1 PREREQUISITES

- 5.1.1 Increased proficiency in all lower rank requirements.
- 5.1.2 Minimum of three (3) years in judo.
- 5.1.3 Minimum of at least one year as ikkyu.
- 5.1.4 A minimum of 120 points.
- 5.1.5 Point accumulation starts at age 14 and from ikkyu in rank.
- 5.1.6 Minimum age of 15 years old.

5.2 ABILITY TO DEMONSTRATE

5.2.1 Nage-Waza and Katame-Waza, as per Grading Board's choice.

- 8 nage waza from gokyo
- 3 osae waza
- 3 shime waza
- 3 kansetsu waza

5.2.2 Randori

- The partner may be selected at random by the jury.

5.2.3 Kata

- Must perform the first three sets of the Nage no kata as Tori.

6.0 NIDAN

6.1 PREREQUISITES

6.1.1 Minimum age of 17 years old

6.1.2 Minimum of at least 18 months as shodan.

6.1.3 A minimum of 160 points, with at least 40 of the points coming from Technical activities.

6.2 ABILITY TO DEMONSTRATE

6.2.1 **Nage-Waza and Katame-Waza**, as per the Grading Board's choice.

- 8 nage-waza from gokyo
- 4 osae-waza
- 4 shime-waza
- 3 kansetsu-waza

6.2.2 **Randori**

6.2.3 **Kata**

- Must perform the complete Nage no kata as Tori.

7.0 SANDAN

7.1 PREREQUISITES

- 7.1.1 Minimum age of 20 years old.
- 7.1.2 A minimum of three (3) years as nidan.
- 7.1.3 A minimum of 200 points, with at least 50 of the points coming from technical activities.

7.2 ABILITY TO DEMONSTRATE

- 7.2.1 **Nage-Waza and Katame-Waza**, as per Grading Board's choice.

- 8 nage-waza and 4 shimmeisho no waza
- 4 osae-waza and 2 shimmeisho no waza
- 4 shime-waza
- 4 kansetsu-waza

- 7.2.2 **Randori**

- 7.2.3 **Kata**

- Must perform the complete Nage no kata as Tori and Uke
and
- one complete kata as tori from the following:
 - Katame no kata or
 - Ju no kata

8.0 YONDAN

8.1 PREREQUISITES

- 8.1.1 Minimum age of 25 years old.
- 8.1.2 A minimum of five (5) years as sandan.
- 8.1.3 A minimum of 240 points, with at least 60 of the points coming from technical activities.

8.2 ABILITY TO DEMONSTRATE

- 8.2.1 **Nage-Waza and Katame-Waza.** Demonstrate and explain the mechanics of some techniques, nage-waza and katame-waza including variations and escapes, at the candidate's choice.

- 10 nage-waza, includes 6 shimmeisho no waza
- 5 osae-waza, includes 2 shimmeisho no waza
- 5 shime-waza, includes 2 shimmeisho no waza
- 5 kansetsu-waza, includes 2 shimmeisho no waza

Additional techniques may be selected by the Examination Board.

- 8.2.2 **Randori**

- 8.2.3 **Kata**

Candidates may be required to present in writing the plan of their technical presentation and indicate which kata will be demonstrated.

- Must perform Katame no kata, Tori and Uke
and
- One complete kata as Tori from the following:
Goshin-jutsu or
Ju no kata or
Kime no kata

9.0 K O D A NSHA (Godan and above)

A kodansha is a judoka who had fought in tournaments in his or her tai period.

or

A kodansha is a judoka who participates actively in the activities of his or her provincial or national association as a coach, referee, or committee member, as well as in the club development of the dojo as either a director or participant

or

A kodansha is a judoka who teaches, and acts as a clinic conductor for events that concern yudansha (technical, referee, or kata clinics). Those events are sanctioned by the provincial or national association and the kodansha is appointed by them.

10.0 G O D A N

10.1 PREREQUISITES

10.1.1 Minimum age of 31 years old.

10.1.2 A minimum of six (6) years as yondan if outstanding.

A minimum seven (7) years as yondan if a superior candidate.

A minimum eight (8) years as a very good candidate

A minimum nine(9) years as a good candidate.

(see Dan Requirement Summary)

10.1.3 A minimum of 280 points, with at least 70 of the points coming from technical activities.

10.2 ABILITY TO DEMONSTRATE

10.2.1 All the techniques must be demonstrated from the point of view of application. Comments on each technique will be given on how to apply the move for one or two variations from a standard approach. An increased proficiency in all techniques and the ability to teach the techniques is expected.

10.2.2 Demonstrate personal techniques.

10.2.3 Kata

- Must perform Goshin jutsu as Tori and Uke
and
- Must perform / demonstrate or explain / teach the principles of one complete kata (candidate's choice) as Tori selected from the following:
 1. Kime no kata
 2. Ju no kata

11.0 ROKUDAN

11.1 PREREQUISITE

Candidates must present a comprehensive activity profile demonstrating their substantial and outstanding contribution to the sport of Judo in Canada since the last promotion. The profile should include such items as: promotion and development of judo; teaching; number of students promoted to black belt; coaching; number of students winning national championships and international medals; refereeing; national and international events attended as a referee; and volunteer time and contribution.

All dossiers must be sent to the appropriate PGB. Upon review, the PGBs will forward their recommendations with the appropriate documentation, to the NGB at least 30 days prior to the grading exam.

11.1.1 minimum age of 39 years

11.1.2 minimum time in grade as godan:

- eight (8) years for outstanding candidate
- nine years (9) years for Superior candidates
- ten years (10) years for Very Good candidates
- eleven (11) years for Good candidates

11.1.3 minimum 320 points, with at least 80 of the points coming from technical activities

11.2 ABILITY TO DEMONSTRATE

11.2.1 The NGB may require candidates to attend an exam.

11.2.2 Kata

Must perform / demonstrate or explain / teach the principles of at least two (2) complete kata (candidate's choice) as selected from the following:

1. Ju no kata
2. Kime no kata
3. Goshin-jutsu

12.0 SHICHIDAN

12.1 PREREQUISITE

Candidates must present a comprehensive activity profile demonstrating their substantial and outstanding contribution to the sport of Judo in Canada since the last promotion. The profile should include such items as: promotion and development of judo; teaching; number of students promoted to black belt; coaching; number of students winning national championships and international medals; refereeing; national and international events attended as a referee; and volunteer time and contribution.

All dossiers must be sent to the appropriate PGB. Upon review, the PGBs will forward their recommendations with the appropriate documentation, to the NGB at least 30 days prior to the grading exam.

12.1.1 minimum age of 49 years

12.1.2 minimum time in grade as rokudan:

- ten (10) years for outstanding candidate
- eleven (11) years for Superior candidates
- twelve (12) years for Very Good candidates
- thirteen (13) years for Good candidates

12.1.3 minimum 360 points, with at least 90 of the points are from technical activities

12.2 ABILITY TO DEMONSTRATE

12.2.1 The NGB may require candidates to attend an exam.

12.2.2 Kata

Must perform / demonstrate or explain / teach the principles of at least two (2) complete kata (candidate's choice) as selected from the following:

1. Ju no kata
2. Kime no kata
3. Goshin-jutsu

13.0 HACHIDAN

13.1 PREREQUISITE

Candidates must present a comprehensive activity profile demonstrating their substantial and outstanding contribution to the sport of Judo in Canada since the last promotion. The profile should include such items as: promotion and development of judo; teaching; number of students promoted to black belt; coaching; number of students winning national championships and international medals; refereeing; national and international events attended as a referee; and volunteer time and contribution.

All dossiers must be sent to the appropriate PGB. Upon review, the PGBs will forward their recommendations with the appropriate documentation, to the NGB at least 30 days prior to the grading exam.

13.1.1 minimum age of 61 years

13.1.2 minimum time in grade as shichidan:

- twelve (12) years for outstanding candidates
- thirteen (13) years for Superior candidates
- fourteen years (14) years for Very Good candidates
- fifteen years (15) years for Good candidates

13.1.3 minimum 400 points, with at least 100 of the points coming from technical activities

13.2 ABILITY TO DEMONSTRATE

13.2.1 The NGB may require candidates to attend an exam.

13.2.2 **Kata**

Must perform / demonstrate or explain / teach the principles of at least two (2) complete kata (candidate's choice) as selected from the following:

1. Ju no kata
2. Kime no kata
3. Goshin-jutsu

APPENDIX A: Randori

The following explanation describes what the examiners (jury) expect from the candidates during the presentation of "RANDORI":

- the performance of throwing and various control techniques, left and right, from the different groups: sweeping, reaping, blocking, fulcrum, sutemi, immobilization, elbow lock and strangulation.
- these techniques may be approached directly, at random, in combination or counter, not forgetting that kuzushi must be achieved.
- randori must be performed without fear of the counter, since there is no winner or loser.
- the continuity from a standing to a ground position must be clear, quick and logical.
- the two partners must demonstrate a certain ease in their movements, in the application of various techniques.
- good control in the various falls must be exhibited

Randori cannot be pre-arranged and must express the feeling of the moment. It must not be mechanical or spectacular, but must reflect sincerity. Randori must be lively and valid, for it is the most important form of work for those who wish to progress in the study of Judo.

APPENDIX B: NT Policy 3: Classification of Int'l Tournaments

To ensure a beneficial and valuable competitive experience for the development of the athlete, all athletes must demonstrate their readiness to compete at each international level by meeting minimum performance standards as set out in the table below. An athlete's eligibility is determined by their National Team Classification, which is in turn determined by performance in the past two seasons. Athletes must also have competed in the most recent Canadian Senior National Championships, unless granted exemption by the Technical Committee prior to the event or according to the Injury Provision of Policy #14 of the National Team Handbook.

N.B. Unless indicated "Junior", all tournament listed below refer to senior events listed on the IJF, EJU or PJU official calendars.

Level	Tournaments	Gold undefeated	Gold with a loss; Silver or Bronze	Top 5	Top 7	Top 9
A	Olympics World Championships	300pts A	240pts A	180pts A	120pts A	90pts B
B	Japan (M&F) EJU Super "A"	240pts A	180pts A	120pts A	90pts B	60pts C
C	EJU "A"; Grand Prix* World University Games	180pts A	120pts A	90pts B	60pts C	40pts D
D	Korea, Vise (M), World University Champ. Germany EJU B, Junior Worlds* Pan-Am Games,	120pts A	90pts B	60pts C	40pts D	30pts E
E	British Open, Arlon (F), China; Alguerro, Tre-Tori, Other EJU "B" Pan-Am Ch	90pts B	60pts C	40pts D	30pts E	20pts F
F	US Open**, Pacific Rim, Cuba Finland & Sweden, Marseille Francophonie Games, Comm.Ch/GM; RDV**	60pts C	40pts D	30pts E	20pts F	15pts
G	NY Open*** PJU Circuit *** EJU A Junior Events, Junior Arlon (F); Junior Bremen (M)	40pts D	30pts E	20pts F	15pts	10pts

- **Bonus 30 points** for a win over the last 2 years' World or Olympic medalist who is competing in the same weight class at an event listed above.

NOTE! As of June 1, 2005 National Team standards will be awarded as indicated above, **only** when at least three wins have been accomplished by a competitor. Placings with two wins warrants one standard below that indicated above.

* specific selection criteria may apply

** US Open & Rendez-Vous Canada will remain open to athletes that have competed in at least 1 senior nationals in last 2 years.

*** G category tournaments are open to Provincial Team members with the approval of the provincial association. However, entries must be made by Judo Canada. Participation in G category tournaments will not be subsidized from Judo Canada National Team budget, except participation in EJU A Junior category tournaments for athletes selected by Judo Canada

APPENDIX D: Kodokan Promotion

REQUIREMENTS

Forms

Candidates apply for Kodokan promotion by completing the *Kodokan Application for Promotion in Rank* and submitting this form, along with the appropriate fees and resume, to Judo Canada at the time of their Judo Canada grading. The Judo Canada Recommendation forms are not sent to the Kodokan. Therefore, all the information must be on the Kodokan application form. Provincial Associations and/or Grading Board Chairpersons are asked to submit a letter confirming which candidates have requested Kodokan promotion.

If the applicant is a non-competitor, a resume of Judo activities must accompany his/her *Kodokan Application for Promotion in Rank*.

Minimum Age for Non-competitors

The minimum age requirements for male non-competitors is 30 years of age for Shodan through Sandan and 35 years of age for Yondan through Godan.

Kodokan Kata Requirements

The Kodokan has specific Kata requirements that are not always the same as those of Judo Canada. Candidates should ensure that they meet these requirements before submitting a *Kodokan Application for Promotion in Rank*. The requirements for men and women are as follows:

Dan	Kata to be evaluated	
	Men	Women
Shodan	Nage no kata	Nage no kata (Te, Koshi, Ashi) Ju no kata (1 kyo)
Nidan	Nage no kata	Nage no kata Ju no kata (1 & 2 kyo)
Sandan	Nage no kata Katame no kata	Ju no kata (complete) Katame no kata
Yondan	Nage no kata Katame no kata	Ju no kata Kime no kata
Godan	Kime no kata <u>or</u> Goshin jutsu	Ju no kata Goshin jutsu Itsutsu no kata
Rokudan	Ju no kata Kime no kata <u>or</u> Goshin jutsu	Ju no kata Koshiki no kata

Fees

In order to be promoted by the Kodokan, applicants must be members of the Kodokan. There is a \$125.00 membership fee* that must be paid when a candidate applies for Kodokan promotion to the rank of Shodan. Other promotion fees are as follows:

Promotion to the rank of:

Shodan	\$100.00
Nidan	\$125.00
Sandan	\$150.00
Yondan	\$220.00
Godan	\$325.00
Rokudan	\$575.00
Shichidan	\$700.00
Hachidan	\$950.00

If the request for Kodokan promotion is not accompanied by the appropriate forms, fees or resume, the applicant will receive **one notice** advising him/her to submit missing documentation and/or fees. If no response to the notice is received within thirty (30) days, the application will be considered withdrawn. Should this happen, any fees received will be returned to the applicant, minus a ten (10) percent administrative fee.

Judo Canada Submission of Kodokan Applications for Promotion in Rank

Kodokan Applications for Promotion in Rank will be sent to the Kodokan approximately every six (6) months.

Refusal of Kodokan Applications for Promotion in Rank

Any candidate whose application is refused by the Kodokan due to failure to meet requirements will have his/her fees returned, minus a ten (10) percent administrative fee.

In some cases, the candidate's request for promotion will be retained by the Kodokan and will automatically be resubmitted when the time in grade requirement has been met.

Kodokan Certificates and Membership Cards

When received, Kodokan certificates and membership cards will be forwarded to Provincial associations or PGB Chairpersons for distribution to successful candidates. The National Office will not generally send these documents directly to applicants.

It is possible to request **replacement certificates and membership cards** from the Kodokan. Those requesting replacement certificates or membership cards must state the reason for the request and will be responsible for the bank fees necessary to make the transfer of funds to the Kodokan if they do not wish to wait until the next regular mailing of applications. The price of a replacement certificate is \$35.00* and the price of a replacement membership card is \$15.00*.

Special Cases

1. Posthumous Promotion

While posthumous promotion is possible for exceptional candidates, there are strict policies that must be followed in this case:

- 1) The application for the deceased applicant must be received within one month of his/her death. The date of death must be clearly indicated on the application form.
- 2) The application must include a detailed resume of the candidate's judo activities and lifetime dedication to the sport. Only candidates who have made significant contributions to the development of Canadian Judo will be considered for posthumous promotion.
- 3) If the application is accepted, the Provincial Association or individual applying for promotion on behalf of the deceased candidate will be responsible for the bank fees necessary to make the transfer of funds to the Kodokan.

2. Skipping Ranks

The Kodokan does not generally permit the skipping of ranks. Applicants should apply for Kodokan ranks in order, regardless of their current Judo Canada rank. In the event of special circumstances, an applicant should contact the National Office to discuss the situation before submitting his/her request.

** All fees indicated were correct at time of printing and are subject to change.*

APPENDIX E: EXAMINATION SUMMARY

Dan	Ability to Demonstrate	Kata
1	Grading Board's Choice: <ul style="list-style-type: none"> ▪ 8 nage-waza, from Gokyo ▪ 3 osae-waza ▪ 3 shime-waza ▪ 3 kansetsu-waza 	Perform 1st 3 sets of the Nage no kata as Tori
2	Grading Board's Choice: <ul style="list-style-type: none"> ▪ 8 nage-waza, from Gokyo ▪ 4 osae-waza ▪ 4 shime-waza ▪ 3 kansetsu-waza 	Perform Nage no kata as Tori
3	Grading Board's Choice: <ul style="list-style-type: none"> ▪ 8 nage-waza & 4 shimmeisho no waza ▪ 4 osae-waza & 2 shimmeisho no waza ▪ 4 shime-waza ▪ 4 kansetsu-waza 	Perform Nage no kata as Tori and Uke <i>and</i> Katame no kata as Tori or Ju no kata as Tori
4	Candidate's choice: Demonstrate & explain mechanics, including variations & escapes: <ul style="list-style-type: none"> ▪ 10 nage-waza, includes 6 shimmeisho no waza ▪ 5 osae -waza, includes 2 shimmeisho no waza ▪ 5 kansetsu-waza, includes 2 shimmeisho waza Additional techniques may be selected by the Examination Board.	Perform Katame no kata as Tori and Uke <i>and</i> 1. Goshin-jutsu as Tori or 3. Kime no kata as Tori or 2. Ju no kata as Tori
5	Demonstrate personal techniques: All the techniques must be demonstrated from the point of view of application. One or two variations from a standard approach should be explained. An increased proficiency in all techniques and the ability to teach the techniques is expected.	Perform Goshin-jitsu as Tori & Uke <i>and</i> perform/ demonstrate or explain / teach the principles of one complete kata (candidate's choice) as Tori selected from: 1. Kime no kata or 2. Ju no kata
6 & above		perform/ demonstrate or explain / teach the principles of at least 2 complete kata (candidate's choice) selected from: 1. Kime no kata 2. Ju no kata 3. Goshin-jutsu